

WEEKLY STUDY TRACKER

SUNDAY	MINS

MONDAY	MINS

TUESDAY	MINS

WEDNESDAY	MINS

THURSDAY	MINS

FRIDAY	MINS

SATURDAY	MINS

What can you reward yourself with for keeping your study plan this week?

NOTES:

MONTHLY STUDY TRACKER

	SUBJECT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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No. of hours per study session: _____ Total no. of hours studied: _____ Subject studied most: _____

What challenges did you encounter with keeping up with your study?

What can you do to tackle this challenge and improve your studies?

What can you reward yourself with for keeping your study plan this month?

