



# STUDY TIPS

## STUDY TIME:



HERE ARE SOME TIPS TO HELP YOU MAKE THE BEST OF YOUR STUDY TIME:

Pick a steady time everyday for your study

Find a quite place and remove every distractions.

Use the technique below (THE POMODORO TECHNIQUE) to help you stay refreshed during your study

1. Read for a block of time that suits your reading focus e.g 5minutes, 10minutes or more
2. Take 5minutes break to do something fun

### REMEMBER:

Studying is the preparation you need to become exceptional. It is a worthwhile investment.



**Read anything for a minimum of 10minutes within the block of  
time below and stand a chance to win a prize.**

<b>Wk1</b>	<b>Early Rising 4am - 7am</b>	<b>Guardian/parent signature &amp; Phone Number</b>	<b>School Hours 7am - 2:30pm</b>	<b>Guardian/parent signature &amp; Phone Number</b>	<b>After School 2:30pm - 7pm</b>	<b>Guardian/parent signature &amp; Phone Number</b>	<b>Night Prep 7pm - 8pm</b>	<b>Guardian/parent signature &amp; Phone Number</b>	<b>Total</b>
<b>Mon</b>									
<b>Tue</b>									
<b>Wed</b>									
<b>Thur</b>									
<b>Fri</b>									
<b>Sat</b>									
<b>Sun</b>									
<b>Total number of minutes done in a week</b>									