

MouldAfrica Teen Index Questionnaire

Name of School: _____

Class: _____ Age: _____ Gender: _____

Date: _____

S/N	QUESTIONS FOR TEENAGERS (Be Honest! Answer all questions, by ticking on the number that best describes you. Your name is not required)	NO or I DISAGREE or NEVER		NOT TOO SURE or MAYBE			LIKELY or MORE OFTEN		Most of the time, or YES or ALWAYS		
		1	2	3	4	5	6	7	8	9	10
1	My mother and I are best of friends										
2	My academic grades are better now than they were last year										
3	My friends often make me do things I don't want to do										
4	I respect the opposite sex and I easily get along with them										
5	If I develop a love crush or an attraction to someone of the opposite sex, I know how to handle it effectively.										
6	I can approach my father to tell him my personal problems										
7	Some of my teachers in school make learning so difficult										
8	My friends of the same sex are a good influence on me										
9	I have some grown up folks that I can easily confide in										
10	I concentrate fully when I read my academic books										
11	I am closer now to my parents than when I was a child										
12	I can stand for what is right, even if nobody stands with me										
13	My teachers in school bring out the best in me										
14	There are things that happened to me in my past that still causes me pain or shame whenever I remember them.										
15	I can easily push aside any X-Rated content when I am on the Internet										
16	I believe that girls have equal fundamental human rights as boys.										
17	I am not distracted when its time to read for tests and exams										
18	I can easily say No to anyone who makes me do what I know is not right										
19	My classmates of the opposite sex can be very annoying										
20	My father spends quality time with me										
21	I easily change my mind so as to please my friends										
22	I don't have to pretend to be someone else when I'm at home.										
PLEASE TURN TO THE NEXT PAGE											

S/N	QUESTIONS FOR TEENAGERS (Continued)	1	2	3	4	5	6	7	8	9	10
23	I understand the role of a mentor in my life. I have one.										
24	I can control the time I spend on TV and Social Media										
25	I love myself and I love the way I am gradually growing up										
26	I can express myself very well in class when I am asked a question										
27	I don't find it difficult to ask questions in class.										
28	I find it very easy to obey my parents. They are my role models										
29	I consider myself very respectful and totally obedient to people older than I										
30	My friends encourage me to concentrate and read my books.										
31	I don't think this is the best time to invest in romantic relationships										
32	There are people involved in my life who constantly seek ways to bring out the best in me, especially in my character and my academics.										
33	My friends are trustworthy, faithful and reliable										
34	There are people in school who I avoid meeting whenever possible										
35	I don't like my school and the teachers. I wish I could change to another.										
36	I can air my view on an issue even if it will offend my close friends										
37	I have a great self confidence. I am not intimidated										
38	I know how to manage my interactions with the opposite sex										
39	I am happy with who I am. I don't feel inferior										
40	I am always very excited to go to school to learn										
41	I love my parents' parenting style. It totally suits me.										
42	I have a mentor that inspires me towards my goals.										
43	When I read, I understand what I read and I am recall it easily.										
44	My parents loves and respects me. They listen and understands me.										
45	I fear opening up to people for counselling. They may reveal my secrets										

My Two Top subjects are:

1. _____

2. _____

Two Subjects I currently struggle with are:

1. _____

2. _____

My Top Top things I do for fun are:

1. _____

2. _____

My Top Two Role Modes are:

1. _____

2. _____